

## MARCH 9, 2003- First Sunday of Lent

† *The Spirit drove Jesus out into the desert, and he remained in the desert for 40 days, tempted by Satan.*

*Mark 1:12-15*

### 'TIME OUT!'

Every so often a child needs a "time out."

A fight over toys escalates to the crisis point. A new crayon mural has been unveiled on a freshly-painted wall. The living room looks like a level five hurricane has blown through it.

"O.K., time out!" And off the child goes to his or her room—not so much for the child's sake but for the sake of the overwhelmed and exhausted parents.

Child psychologists point out that children need "time outs" not because they are in league with the devil. A child's misbehavior is often the result of frustration - not knowing how to deal with a new situation, not being able to control their emotions, not understanding how their behavior affects others. So learning experts suggest that parents discipline not to punish but to teach. Instead of correcting a child with "You shouldn't have done that," ask "Do you realize what you did?" Instead of saying "You hurt her feelings," ask "Do you know how that made her feel?" Instead of ordering the child to apologize to someone, ask the child to think about what the child should do to make that person feel better. These subtle differences tell children that Mom and Dad believe that they can be counted on to clean up their own messes, that their strengths are valued.

Dr. T. Berry Brazelton writes in his new book *Discipline* that "a child needs to know, and know that his parents know, that to make mistakes is to be human. [the child] needs to know that his/her mistake can be understood and forgiven, even though there will be a price to pay. In fact, the consequence can be offered to reassure [the child] that he can be forgiven. Mistakes can be seen as necessary for self-worth. [the child's] capacity to believe in his own progress needs to be supported by his parents faith in him."

**CONNECTION:** *Even we "older kids" need a time out- a time out to regain control of our lives, a time out to recognize how our actions affect others, a time out "to do the right thing" for its own sake, a time out to consider the changes we need to make in our behaviors and what reparations we need to make. The season of Lent is God's call for just that sort of "time out". As Jesus spent 40 days in the wilderness to discern what God was calling him to do with the next part of his life, the Spirit of God calls us to our own "wilderness experience" to confront the hard choices we must confront in our own lives- choices between the values of God and the far lesser things of the world that can isolate us, hurt others and diminish God's creation. So let this Lent be a "time out" for us big kids, a time of prayer and reflection on what we want our lives to be, a time to put on hold as much of the busy-ness of life as we can to re-center our lives on God and the things of God.*

**Any items for the bulletin are due Monday by noon. The item will be published in the following Sunday's bulletin. Editor reserves the right to edit all submissions.**

## SUNDAY, MARCH 9

### Pancake Breakfast

7:30am Mass

9:30am Mass

9:30/ 11:30 am Sunday School

11:30am Mass

6:15pm Mass

7:00pm JustFaith Class (Room 210)

### MONDAY, MARCH 10

8:00am Rosary (Chapel)

8:30am Mass (Chapel)

2:45pm Moms in Touch

7:00pm Families Moving Forward Training (208)

7:00pm RCIA (Rm 210)

7:15pm Bell choir

7:15pm Earthen Vessels Folk group

### TUESDAY, MARCH 11

8:00am Rosary (Chapel)

8:30am Mass (Chapel)

9:00am Senior Day of Recollection (St. Joseph Hall)

9:30am Women's Bible Study (Rm 211)

11:00am Kindermusik (Room 207)

1:30pm Parish Directory Pictures (LL 108)

4:00pm CIC (Bl. Kateri)

5:00/6:30 Elementary Faith Formation

6:30pm Stewardship Meeting

7:00pm Adoration (Room 204)

7:00pm Engaged Couple Retreat (Rms 206 & 208)

7:15pm Jazz Rehearsal (St. Cecilia)

7:30pm Open Doors (Rm 210)

### WEDNESDAY, MARCH 12

8:30am Mass (Chapel)

9:45am School Mass (Church)

1:30pm Parish Directory Pictures (LL108)

5:00/ 6:30pm Elem. Faith Formation/ Odyssey

5:15pm Hallelujah Chorus (St. Cecilia)

6:00pm Brain Gym Class (Rm 211)

7:00pm Arts and Environment (Rm 210)

7:00pm Befrienders (Room 208)

7:00pm SPAC (St. Clare)

7:30pm JHL (Youth Room)

### THURSDAY, MARCH 13

8:00am Rosary (Chapel)

8:30am Mass (Chapel)

1:30pm Parish Directory Pictures (LL108)

6:30pm Preschool Board (St. Peter Claver)

7:00pm Faith Formation Committee (Room 204)

7:30pm Schola (St. Cecilia)

### FRIDAY, MARCH 14

8:00am Rosary (Chapel)

8:30am Mass (Chapel)

5:30pm Mass (Chapel)

6:00pm Soup Supper

7:00pm Stations of the Cross

### SATURDAY, MARCH 15

9:00am Parish Directory Pictures (LL 108)

10:00am First Eucharist Group Session (St. Joe's)

3:30pm Reconciliation

4:30pm Mass

Looking Ahead

## *Before I Forget...*

- *Do not conform yourself to this age, but be transformed by the renewal of your mind, so that you may judge what is God's will, what is good, pleasing and perfect.*  
-Romans 12:2
- *God is of no importance unless God is of supreme importance*  
-Rabbi Abraham Heschel

The medieval mystic, Meister Eckhardt, who has regained popularity in the past thirty years, said that the spiritual life has more to do with subtraction than addition. The discipline of simplicity is an act of subtraction. No discipline is any more counter-cultural in our American society than simplicity. As the old Shaker hymn teaches us, simplicity is freedom.

*'Tis a gift to be simple, 'tis the gift to be free,  
'Tis the gift to come down where we ought to be,  
And when we find ourselves in the place just right,  
'Twill be in the valley of love and delight.*

Contemporary culture doesn't invite Christians to a life of simplicity. We are bombarded with commercials and advertisements to buy and buy, to live an affluent life. Yet this obsession for money and possessions runs counter to scripture. During this season of Lent, maybe we could look at our lifestyles and examine them in the light of scripture.

Simplicity is first and foremost to seek the Kingdom of God. Can we say that Rabbi Heschel was right on the "money" when he said "God is of no importance unless God is of Supreme Importance"? If God, and the reign of God, comes first in our lives, then everything else will fall into proper order.

Do we buy things for their usefulness rather than status?

Do we need to buy designer label clothing?

What are we teaching our children: status/ simplicity?

Do we give "things" away, or do we have too much stuff?

Do we speak in a simple straightforward manner?

Is it possible to enjoy things without owning them?

(We simply enjoy them for a while.)

Are we addicted to buying?

Do we have to have every new gadget that comes along? This is an American fascination.

Do we really appreciate nature?

Do we know who makes (and how much they are paid) the things we think we need?

There is nothing wrong with possessions, but simplicity puts them in their proper place in the context of the Reign of God. We shouldn't get legalistic about our possessions, but can we have a joyful lack of concern for things? The Reign of God doesn't call for us to be poor, but it calls us to voluntarily live a less cluttered life. Do you agree?

It is said that for most middle and upper class Americans, our checkbooks tell more about us than anything else. Scripture tells us that our hearts are where our treasure is. How do we spend our money? And, how do we use our time? Do we ask God in prayer, if there are ways to live more simply? Do we ask for the grace and courage to live simple lives?

What is really important to you in life?

Clean your house and give away everything you don't need!

Occasionally give away something that is really important to you as a way of learning detachment from possessions!

Learn to window shop without buying anything.

Avoid impulse buying.

Are we simple Christians? Do we want to be simple Christians? How do we teach youth the "Art of Simplicity"?

Fr. Bill



**Boy Scout Troop 93**  
**Pancake Breakfast**  
**Sunday, March 9th**  
**St. Joseph Hall**  
**After 7:30, 9:30, 11:30 Masses**  
You'll flip over our all-you-can-eat cakes  
Tickets available from our Boy Scouts or at the door.



## *From the Associate...*

### ON TIME AND ETERNITY: MORE ADVICE FROM SCREWTAPE

There is a natural temptation in times of uncertainty to learn to look at the world mainly through the lens of this-worldly concerns. We can oscillate between feelings of anxiety and feelings of confidence about the future, all based on the latest news report. Screwtape, the master Tempter, advises his nephew Wormwood on how best to make use of this to distract and destroy his "patient."

*My dear Wormwood,*

*Tortured fear and stupid confidence are both desirable states of mind. Our choice between them raises important questions.*

*The humans live in time, but our Enemy destines them to eternity. He therefore, I believe, wants them to attend chiefly to two things, to eternity itself and to that point of time which they call the Present. For the Present is the point at which time touches eternity. . . . He would therefore have them continually concerned either with eternity (which means being concerned with Him) or with the Present – either meditating on their eternal union with, or separation from, Himself, or else obeying the present voice of conscience, bearing the present cross, receiving the present grace, giving thanks for the present pleasure.*

*Our business is to get them away from the eternal and from the Present. With this in view, we sometimes tempt a human to live in the Past. But this is of limited value. It is far better to make them live in the Future. Biological necessity makes all their passions point in that direction already, so that thought about the Future inflames hope and fear. Also, it is unknown to them, so that in making them think about it we make them think of unrealities. In a word, the Future is, of all things, the thing least like eternity. It is the most completely temporal part of time – for the Past is frozen and no longer flows, and the Present is all lit up with eternal rays. Hence the encouragement we have given to all those schemes of thought such as Creative Evolution, Scientific Humanism, or Communism, which fix men's affections on the Future, on the very core of temporality. Hence nearly all the vices are rooted in the Future. Gratitude looks to the Past and love to the Present; fear, avarice, lust and ambition look ahead.*

*To be sure, the Enemy wants men to think of the Future too – just so much as is necessary for now planning the acts of justice or charity which will probably be their duty tomorrow. The duty of planning the morrow's work is today's duty; though its material is borrowed from the future, the duty, like all duties, is in the present. He does not want men to give the Future their hearts. We do. We want a man hagridden by the Future – haunted by visions of an imminent heaven or hell upon earth – ready to break the Enemy's commands in the Present if by so doing we make him think he can attain the one or avert the other. We want a whole race perpetually in pursuit of the rainbow's end, never honest, nor kind, nor happy now, but always using as mere fuel wherewith to heap the altar of the Future every real gift which is offered them in the Present.*

Your affectionate uncle,  
SCREWTAPE

## *School News...*

There are NO CLASSES March 24-28 because of Spring Break.

You are invited to attend the special event, "Teaching Our Children How to be Responsible" on Tuesday, April 1 at 7:00 –8:30 Mr. Corwin Kronenberg will be the guest speaker—Please mark your calendar for this very special event.

Please continue to save the following:

**"General Mills Box Tops for Education"** Clip box tops marked "Box tops for Education on General Mills products. This program includes box tops from Pillsbury, Green Giant, Totinos, Progresso, Old El Paso, and Gold Medal Products as well as General Mills cereals. Each Top is worth \$.10!

**"Campbell's Labels for Education"** Remove the labels from all Campbell's soup cans, Pepperidge Farm products, Swanson soups, Franco-American products, V-8 products, Prego products and Pace Picante sauces.

**"Kemps Give 'em Five"** Buy your favorite Kemps milk products and save the specially marked caps of proof-of-purchase symbols. Each cap is worth \$.05.

Thank you for your continued efforts.

## *Faith Formation*

**FIRST EUCHARIST PARENTS:** Last week Chapter 3 in the First Eucharist book should have been completed. On **Saturday March 15**, in St. Joseph's Hall, we will meet at 10:00 am to go over Chapter 4 as a group. This meeting is mandatory. All students must attend. Parents– if you have volunteered to be an apostle but did not pick up the instruction sheet, please call me. Sign up for individual pictures will be taken at this meeting. All students will make their handprint for the banners. **Baby sitting** is available by pre-registering with Teresa at (651) 633-1540 ext. 1234.

**LENTEN OUTREACH** All faith formation students are collecting supplies for the "Good News Project". We are in need of crayons, notebooks, glue, scotch tape, staples and staplers, pencils, pens, watercolors, markers, activity books, puzzles, blocks and children's music tapes for pre-school in St. Lucia. Every donation counts towards helping these children have the supplies they need to learn. Thank you in advance for your support.

## *Youth Newz...*

**ODYSSEY-** Odyssey (Jr. High Faith Formation) will meet March 12, at 5:00 and 6:30 pm. **JHL** will also meet March 12 from 7:30-9:00. All 7th and 8th Graders and their friends are invited to attend. We still need to replenish our supply of **snack items** for JHL, retreats and other youth gatherings. Please call Kate if you wish to donate.

**SERVICE CLUB IV** will meet Thursday March 13, 4:30-7:30. Service Club members meet to do service in the community for four weeks and celebrate their efforts with a social activity at the fifth meeting. Contact Kate Roush with questions. (763) 754-7666.

**CONFIRMATION** The next Confirmation sessions will be held Sunday, March 16, 7:15-8:30 pm.

## RCIA...

As we begin the final preparation for reception into the Church for our RCIA and RCIC candidates, we are asking for the prayerful support of the parish for these people. Take some time to know the candidates whose pictures are displayed in St. Paul Plaza and draw a name from the basket. Pray for this person during the Lenten season. We are all called to pray more, to fast and give alms, so we ask that you keep these candidates in prayer. Your prayerful support will mean a great deal to our candidates. God bless you on your Lenten journey. —Sr. Clarinda.

## Music Notes

**HOSANNA (7TH-12TH GRADE TEEN CHOIR)** Rehearsal began Wednesday, March 5th in the St. Cecilia Room 7:00-8:15 pm. Only Six rehearsals to prepare our group to sing for Palm Sunday and Good Friday. Schedule handed out at rehearsal. Please give our group a try!!

## Liturgy

**LENTEN REGULATIONS** The following fasting and abstinence regulations are observed: Abstinence from meat is observed on Ash Wednesday, Good Friday, and all the Fridays of Lent by all Catholics 14 years and older.

Fasting is observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. Those bound by this rule may take only one full meal. Two smaller meals may be permitted as necessary to maintain strength according to one's needs.

### FRIDAYS IN LENT

Join us on Fridays during Lent:

5:30 pm - Mass (Chapel of the Angels)

6:00 pm - Simple Soup Supper (St. Joseph's Hall)

7:00 pm - Stations of the Cross (Church)

## Adoration...

Many prayers have been answered for our Eucharistic adorers. Help with decisions, healthy babies, successful surgeries, return to health, a safe trip and marriage counseling are only some of the many blessings God has bestowed. **Urgent help is needed for adorers on Saturday from noon- 1pm and 2-3pm.** Please prayerfully consider filling one of these open hours. Call Dorothy at (651) 636-1660 or Jerry at (651) 636-2054.

**Adoration Committee Meeting-** Tuesday, March 11 at 7PM in the St. Clare meeting room (Rm. 204) . Hourly coordinators are encouraged to attend. Other interested persons are welcome.

### Wanted: Birthright volunteers for our Coon Rapids and St. Paul offices

"A volunteer opportunity with no pay but great benefits!"

Committed, compassionate people are needed to volunteer two hours, 1-2 times per month to help others experiencing a crisis pregnancy or who just need someone to talk to.

Birthright offers free pregnancy testing, educates and supports people in making alternative choices to abortion. Please call Judy Quayle for more info. (651) 633-0459.

## Pastoral Ministry...

**A BIG THANK YOU TO THE ST. JOHN'S SCHOOL CHILDREN-**As part of Advent this year, they raised \$530.00 for the *Families Moving Forward* program. We were able to use \$350.00 of the money to help a Mom and her children move to stable housing. Thanks to all of you children for your generous hearts and giving spirits. This act is our Christianity in action.

### FYI- LISTENING TO GOD: GRACE AND INTUITION

Young women seeking God's guidance in life decisions are invited to come together Saturday afternoon, March 15th at St. Jerome convent. Presentations and quiet time will give an opportunity for prayer-Contact Sr. Patricia Tekippe at (651) 695-8124 with questions. Call Anne Marie at St. John's if you would like a brochure. (651) 633-8333.

**GROWING THROUGH LOSS** continues this week. March 10th "The Grieving Family" Registration 6:45 pm. Presbyterian Church of the Way.

**BEFRIENDERS** meet Wednesday, March 12th at 7:00 pm.

**OPEN DOORS** will play volleyball at St. John the Baptist school gym- Arrive at 6:30 pm. Enter at north end of School on 1st Avenue. No regular meeting this month

**FAMILIES MOVING FORWARD-** Training and Sign up for our next week of hosting *Families Moving Forward* is tomorrow, Monday, March 10th at 7:00 pm in Room 208.

### NURSING HOME SCHEDULE

#### Tuesday, March 11th

Word/ Comm	11:45 am*	Presbyterian Homes
Mass	2:15 am	New Brighton Card Center

\* note:: the time change

#### Thursday, March 13th

Word/Comm	10:15 am	Innsbruck
Word/Comm	7:00 pm	St. Anthony
Word/ Comm	7:15 pm	Trevilla

## Circle of Women...

We welcome women of all ages to share our Thursday morning meeting on March 13, 2003, from 9:15-11:30 am. Our speaker, Mary Ann Herzan will present **Lenten Meditation: Give Me Your Heart.** Mary Ann formed the idea for "David's Heart" ministry in 1980 when the Lord spoke to her in the hospital, "Tell them — it's their hearts that I want." Come join the Circle, and bring a friend...

**Child care will be available;** suggested donation is \$3. Please call Rita 651-639-0291 to register your child. Call Circle of Women Coordinator Ruth Pauly with your questions. (651) 717-0010.

### PRAYER LINE

Call one of these numbers with your prayer requests.

All requests are confidential.

651-633-1618

763-784-5254

651-636-5251

## Seekers...

**ADULT THEOLOGICAL BOOK CLUB-** You are always welcome to join us, we ask only that you read the assignment- or at least a good part of it! We will continue with our current book selection, The Battle for God by Karen Armstrong. Read pages 278 through the end of the book for March. A meeting is Thursday, March 27, 7-8:30 pm in the St. John's Pastoral Center, St. Vincent de Paul Room (#210). We are seeking to develop an adult faith. You are invited to explore your faith and expand your vision.

## Silvertones...

**ST. CROIX CASINO TRIP** Wednesday, March 26. Round trip deluxe motor coach transportation. Bus departs from St. John's at 9:15 am. Returns at 4:30 pm. \$5.00 Voucher on arrival at the Casino. Registration forms available in the Parish Office. Registration Deadline: March 21. Questions? Contact Ginny (763) 784- 5254 or Pat (763) 784-6308.

### HOLY THURSDAY CHURCH TOUR, APRIL 17TH

Join others from St. John's as we make our traditional visits to five old, some historic Catholic Churches located south and west of the metro area. Lunch will be at the Minnesota Horse and Hunt Club. **Cost:** \$35 for Silver-tone members (\$40 for non members) includes, motor coach transportation, lunch and a donation to church. Depart from St. John's 8:30 am, return approximately 3:00 pm. **Deadline for Reservations:** March 25, 2003. Registration forms are located in the parish office.

## Bulletin Board

### A PRECIOUS LEGACY: THE TEN COMMANDMENTS

--In Ten Versions-- Macalester College, March 11-May 30 Ruth Stricker Dayton Campus Center Free and open to the public. Call (651) 696-6888 for information.

### PLEASE PRAY FOR

#### Those in our community who are ill:

Beau Anderson, John Battmer, Donald Beaubien, Marcelline Beseler, Marcella Boomer, Karen Bona, Shawn Brewer, Esther Cadwallader, Wayne Carlson, Ann Czech, Louis Czech, Lenore Dougherty, Joe Fellner, Linda Franklin, Bernice Hopkins, Anna Horbatuck, Henry Horbatuck, Kevin Keenan, Br. Joseph Katzmarek, Michael Kavanagh, Esther Knapp, Mary Krenik, Linda Leier, Nancy Mehrer, Rupert Meyer, Irene Mitchell, Lance and Ann Moe, Corliss Moore, Donna Murphy, Ray Nelson, Ben Rubelke, Cynthia Schwall, Frances Sventek, Ted Spiess, Ed Stich, Richard St. Germain, Sr., Bob Sorem, Fr. Greg Tolaas, Raymond Tucker, Frances Vonacek, Donna Waldoch, Mildred Werner, Linda Zappa.

#### The souls of those who have recently died:

Rose Faymerville; Florence Dorn, mother of Carol; Hubert Athmann, brother of Jane Arnott; Rita Mans, mother of Vince; Loren Veire, sister of Patricia Johnson.



**OPEN DOORS** - A social group for divorced, widowed, and single men and women -- meets the second Tuesday of each month from 7:30 to 9:00 p.m. in the St. Vincent De Paul Room for socializing and snacks. Come to the meetings or just the events. You're always welcome!!

### UPCOMING EVENTS:

**March 8** - Pool and Darts at Biff's Sports Bar and Grill. Meet at 6:30 for dinner. Approximate cost is \$5.00/hr. for pool and \$1.50/game for darts. Food and beverages are extra. Biff's is located at 7777 Highway 65 NE. From 694, exit at Highway 65 North. Stay in left lane, go to Osborne Rd., turn right, take first left past gas station. Please R.S.V.P. to Sharon at 651-633-2083. by 3/3/03.

**March 11** -- 7:00 pm -- Volleyball at St. John the Baptist School in the gym. Park and enter at the north end of the school parking lot on 1st Avenue. Whether you're a beginner or an experienced player, come anyway -- you're sure to have some fun! Call Arnie at 651-633-2940 to RSVP by 3/10/03. (Note: this event replaces the regular monthly meeting)

**March 13** - Swing Dance at Wabasha Caves. Carpool from St. John's at 5:45 p.m.. Lessons are at 6:15 and dancing from 7:00-10:00. Cost is \$7 at the door. Beverages available for purchase. No food is served. For additional details, see web site at [www.wabashastreetcaves.com](http://www.wabashastreetcaves.com). Please RSVP to Linda at 651-636-6713 by 3/11.

**March 22** - Two Year Anniversary Party of Open Doors!! This fun-filled night will be held from 6:30 - 10:30 p.m. in St. Joseph's Hall. Food and beverages will be provided. Watch for additional details.

**March 27** - Restaurant of the Month will be the Modern Café, at 337 13<sup>th</sup> Ave. NE in NE Mpls. Carpool from St. John's parking lot at 6:20 p.m., or meet at restaurant at 6:45. Please RSVP to Jan at 651-780-2142 by 3/24.

## Birthright

*Caring help for pregnant women.*

*651-646-7033 – St. Paul*

*763-757-0715 – Coon Rapids*

### Weekly Collection

	Actual	Goal	Capital Campaign II
3/2/03	\$30,347	\$31,575	\$10,881
Since July 1, 2002	\$1,002,371	\$1,033,146	\$338,676
Children's	\$49.00		
Capital Campaign II		Goal \$3,000,000	Pledged \$2,100,000

*Thank you for your support!*